

WHAT IS CLAIMED IS:

1. A recording and reproducing apparatus comprising:

5 a connecting section configured to allow external AV equipment to be controllably connected to the recording and reproducing apparatus;

a selecting section configured to select one of recording media possessed by the external AV equipment, via the connecting section; and

10 a control section configured to record or reproduce AV information, via the connecting section, on or from the recording medium selected by the selecting section.

2. A recording and reproducing apparatus according to claim 1, wherein the selecting section comprises:

an acquiring section configured to acquire information on the recording media possessed by the external AV equipment, via the connecting section; and

20 a menu display section configured to display a menu allowing selection of one of the recording media possessed by the external AV equipment, on the basis of the information acquired by the acquiring section.

3. A recording and reproducing apparatus according to claim 1, wherein the control section acquires and displays AV information from the recording medium selected by the selecting section, via the

25

connecting section.

4. A recording and reproducing apparatus according to claim 1, wherein the control section causes AV information reproduced by the control section to be recorded on the recording medium selected by the selecting section, via the connecting section.

5. A recording and reproducing apparatus according to claim 1, wherein the control section acquires AV information, via the connecting section, from the recording medium selected by the selecting section.

6. A recording and reproducing apparatus according to claim 1, wherein the control section causes AV information recorded on its recording medium to be recorded on the recording medium selected by the selecting section.

7. A recording and reproducing method comprising: selecting one of recording media possessed by externally connected AV equipment; and recording or reproducing AV information on or from the selected recording medium.

8. A recording and reproducing method according to claim 7, wherein the selection of one of recording media possessed by externally connected AV equipment includes:

acquiring information on the recording media possessed by the external AV equipment; and

displaying a menu allowing selection of one of the recording media possessed by the external AV equipment, on the basis of the information acquired.

5        9. A recording and reproducing method according to claim 7, wherein the recording or reproduction of AV information on or from the selected recording medium is to acquire and display AV information from the selected recording medium.

10       10. A recording and reproducing method according to claim 7, wherein the recording or reproduction of AV information on or from the selected recording medium is to cause AV information reproduced by a recording and reproducing apparatus to be recorded on the selected recording medium.

15       11. A recording and reproducing method according to claim 7, wherein the recording or reproduction of AV information on or from the selected recording medium is to acquire AV information from the selected recording medium and record the AV information on the other  
20       recording medium in the recording and reproducing apparatus.

25       12. A recording and reproducing method according to claim 7, wherein the recording or reproduction of AV information on or from the selected recording medium is to cause AV information recorded on the other recording medium in the recording and reproducing apparatus to be recorded on the selected recording medium.

13. An AV system comprising:

a connecting section configured to allow  
alternative controllable connections of first AV  
equipment having a reproducing function and second AV  
equipment having a recording function;

a selecting section configured to cause one of the  
first AV equipment and the second AV equipment to  
select one of recording media possessed by the other AV  
equipment, via the connecting section; and

a control section configured to record or  
reproduce AV information, via the connecting section,  
on or from the recording medium selected by the  
selecting section.

14. An AV system according to claim 13, wherein  
the selecting section comprises:

an acquiring section configured to acquire  
information on the recording media possessed by the  
other AV equipment, via the connecting section; and

a menu display section configured to display a  
menu allowing selection of one of the recording media  
possessed by the other AV equipment, on the basis of  
the information acquired by the acquiring section.

15. An AV system according to claim 13, wherein  
the selecting section allows a user to select one of  
the recording media possessed by the second AV  
equipment, through the first AV equipment, and

the control section reads AV information from the

recording medium selected by the selecting section and transfers the AV information to the first AV equipment via the connecting section to display the AV information.

5           16. An AV system according to claim 13, wherein the selecting section allows a user to select, one of the recording media possessed by the second AV equipment, through the first AV equipment and

the control section transfers AV information  
10 reproduced by the first AV equipment to the recording medium selected by the selecting section, via the connecting section to record the AV information on the recording medium.

15           17. An AV system according to claim 13, wherein the selecting section allows a user to select one of the recording media possessed by the first AV equipment, through the second AV equipment, and

the control section reads AV information from the recording medium selected by the selecting section and  
20 transfers the AV information to the second AV equipment via the connecting section to record the AV information.

25           18. An AV system according to claim 13, wherein the selecting section allows a user to select one of the recording media possessed by the second AV equipment, through the first AV equipment, and

the control section reads AV information from the

recording medium selected by the selecting section and transfers the AV information to the first AV equipment via the connecting section to display the AV information, and causes the second AV equipment to  
5 record the AV information on the recording medium selected by the selecting section.

19. An Av system according to claim 18, wherein the control section reads AV information recorded on the recording medium by the second AV equipment, the  
10 recording medium being selected by the selecting section, and transfers the AV information to the first AV equipment via the connecting section to display the AV information.